

# Weight management medications.

Your plan covers prescription medications to help support your health journey.

Keeping a healthy weight isn't easy. Doctors sometimes prescribe weight management medications for people who haven't been able to lose weight with lifestyle changes, such as healthy eating and exercise. To help support your health and well-being, your plan now covers prescription weight management medications.

## Considering trying this type of medication? Talk with your doctor about your options.

- **Prescription weight management medications may need approval from Cigna Healthcare<sup>SM</sup> before they can be covered.**<sup>1</sup> If you decide to try one, your doctor's office may have to send us information to review to see if you meet coverage requirements.
- Log in to the **myCigna<sup>®</sup> App<sup>2</sup>** or **myCigna.com<sup>®</sup>** and use the Price a Medication tool to see how much your medication costs before you get to the pharmacy counter – or, even before you leave your doctor's office.<sup>3</sup>

1. These medications may need approval from Cigna Healthcare before your plan will cover them. They may also have quantity limits.

2. App/online store terms and mobile phone carrier/data charges apply. Customers under age 13 (and/or their parent/guardian) will not be able to register at myCigna.com.

3. Prices shown on myCigna are not guaranteed and coverage is subject to your plan terms and conditions. Visit myCigna for more information.

4. This is an injectable specialty medication. Please check your plan materials to see if this type of medication has any special coverage requirements.

### Covered medications<sup>1</sup>

Adipex-P<sup>®</sup>  
benzphetamine  
Contrave<sup>®</sup>  
diethylpropion/diethylpropion ER  
Imcivree<sup>TM 4</sup>  
Lomaira<sup>TM</sup>  
Orlistat  
phendimetrazine/phendimetrazine ER  
phentermine  
Qsymia<sup>®</sup>  
Saxenda<sup>®</sup>  
Wegovy<sup>®</sup>  
Xenical<sup>®</sup>  
Zepbound<sup>TM</sup>

Para obtener ayuda en español llame al número en su tarjeta de Cigna Healthcare.

All Cigna Healthcare products and services are provided exclusively by or through operating subsidiaries of The Cigna Group.

965179 02/24 © 2024 Cigna Healthcare. Some content provided under license.

