

Bereavement Counselling & Probate Helpline

Emotional and practical
support from AIG Life



Bereavement Counselling

A completely **confidential** service offering **bereavement counselling**, available to all Group Life clients and their employees.

What's provided?

FREE TO USE

and available to all employees and their immediate family

UNLIMITED ACCESS

to 24/7 bereavement helpline

Up to four FACE-TO-FACE

or telephone sessions with a qualified counsellor

Access to SUPPORT GUIDES

and articles to help deal with grief & loss

How can it help?

- ✓ Support strategies to manage anxiety or other mental health issues
- ✓ Referral to bereavement support groups
- ✓ A dedicated listening service to help cope with grief after an unexpected or accidental death
- ✓ Referred to a therapy resource for continued support
- ✓ Support in understanding and coping with the loss of a loved one

Contact our 24/7 bereavement helpline

0800 069 8856

When calling you will be asked for your employer's name. They won't be told about your usage of the service. If dialling from outside of the UK, please call: +44 141 846 0217.

Probate Helpline



Completely confidential **probate helpline** for all Group Life clients and their employees - available Mon-Fri, 09:00-17:00.

What's provided?

FREE TO USE

and available to all employees and their immediate family

UNLIMITED ACCESS

to probate helpline

GUIDANCE

on legal issues resulting from a recent bereavement

Access to
SUPPORT GUIDES

and articles to help deal with grief & loss

How can it help?

- ✓ Explaining the process for obtaining probate after a death
- ✓ Providing guidance to help deal with legal, financial and tax issues following death
- ✓ Helping the employee or family navigate the administrative issues resulting from a death

Contact our probate helpline

 **0800 069 8856**

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